



Carden Medical Centre

June 2007 Newsletter

Official Opening

As we reported in our last newsletter, our building was officially opened by Professor John Mallard on Wednesday 16th May.

Professor Mallard is internationally recognised for his contribution to radiological and medical imaging, he joined practice staff, patients and guests to officially unveil our new £2.75 million centre.

Professor Mallard said: "I feel very honoured indeed to be asked to officially open this magnificent new medical centre, which will play an important part in the lives of over 8000 patients from Aberdeen and its surroundings. Bringing together the doctors, the nursing and the healthcare teams will be a tremendous help, making life easier for the patients to have all round care and attention quickly and to give the continuity of care which is so important to people when they are not well."

Dr Geoff Clarke our co-executive partner added: "Being in a purpose built facility provides us the opportunity to improve patient care by expanding the range and level of services available. Patients will see a huge improvement over our old premises, which we really had outgrown. "

"At Carden House we have medical, clerical and attached community staff located in the same building. This has facilitated better communication between health professionals and provided improved working conditions for staff."

In declaring Carden Medical Centre officially open, Professor Mallard said "may all your patients be grateful ones, may you never have any power cuts, may you never have any flat batteries in any of your gadgets and, above all, may your computers never crash!"

After Professor Mallard officially opened the building, guests were taken on guided tours of the building by members of staff and were treated to sparkling wine and canapés. Everyone had a very enjoyable evening and once again, we hope you all understand that, while we would loved to have invited you all, there just wasn't enough space, therefore we felt taking a random selection of patients to join us on the day was the fairest way to ensure patient representation.

The opening plaque is in the vestibule as you come in the front door and there are also photographs of each of the Doctors who work at Carden Medical Centre, so you can put a face to the name!

We have included some photographs of the opening on the next page for you to have a look at. Hope you enjoy them.

Lorraine McKenna,
Business Manager.

Official Opening Photos



TELEPHONE CONSULTATION SERVICE

Carden Medical Centre is now offering a new service to allow us to offer Telephone Consultations with Dr Clarke, Dr Mackenzie and Dr Watson.

Using the Telephone Consultation Service may prevent you having to take a morning/afternoon off work.

If you, as a patient, wish to choose this option please ask the receptionist when you call, and advise her/him of the Doctor of your choice. This will be expanded to all doctors from 01 July 2007.

You will be asked for your contact telephone number, but you must ensure that you give us the correct telephone number and that you make yourself available to accept the call at the time given by the receptionist.

This is not an emergency service, but would be suitable for problems and advice about painkillers, discussing results, or letters, advice on how to treat simple ailments such as childhood illnesses, coughs and colds etc.



★ **News Corner** ★

★ We welcome back Dr. Theresa Marwick from maternity leave. Dr. Tom Kirkpatrick was covering for Dr. Marwick during her leave and we are very lucky that Dr. Kirkpatrick has stayed with us to cover Dr. Steven's maternity leave. ★

★ We also welcome a new member of staff, Karen McMullan. Karen is our new Administration Assistant and will support the Business Manager and Assistant Manager. ★

★ **Art Work** ★

★ You may have noticed that there are some paintings dotted throughout the Practice. These paintings were kindly supplied by Grampian Hospitals Art Trust. ★



Do you really need to see a Doctor??

It may not always be necessary to see the doctor, our nurses are highly trained to offer the following services:

Blood Pressure Testing
Blood Tests
Cervical Smears
Chronic Disease Clinics
Diet and Weight Advice
Ear Syringing
Health Checks
Minor Injuries
Removal of Sutures
Smoking Advice
Stress Management
Travel Advice



*If all you require is a blood test you can make an appointment with the practice phlebotomist. Please ask the receptionist for more details, alternatively telephone the practice on **0845 337 6330**.*

Race for Life

Once again, members of staff will take part in the Race for Life which takes place at the Beach on Sunday 24th June. The Race for Life is 5 kms long and raises money through sponsorship for Cancer Research. The Carden Medical Centre team hope to get lots of sponsorship and exceed last year when we collected over £500, we will include photo's in our next edition of this newsletter.

Suggestions and Comments

We aim to provide an efficient service at all times and welcome any feedback from patients, either about this newsletter or about the practice generally. Please use this tear off slip and hand it to the receptionist.

Thank you.

